

**Norfolk  
Against  
Scams  
Partnership**



# How to keep yourself and others safe from scams



- **Be cautious and listen to your instincts.** Never be afraid to delete, hang up or shut the door.
- **Don't assume everyone is genuine,** take your time and don't be rushed.
- **Be very wary of offers made during telephone cold calls** and **NEVER** give or confirm personal details.
- **Know who you're dealing with** and take a moment to think 'is my information and money safe?'.  
● **NEVER** deal with doorstep cold callers.
- **NEVER** click on links or open attachments in unexpected emails or text messages.
- **Your bank or the police will never ask for your bank details,** for you to withdraw cash to be collected or transfer money to another 'safe' account over the phone.
- **Protect your financial information,** especially from people you don't know. Think carefully before giving bank details and **NEVER** share your PIN number with anyone.

**#NorfolkScamAware**

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# Report or get advice on scams:



- **Citizens Advice  
consumer helpline**

Provides advice and shares information with Trading Standards.

☎ 0808 223 1133

🌐 [www.citizensadvice.org.uk/consumer](http://www.citizensadvice.org.uk/consumer)

- **Action Fraud** - Report all types of scams to Action Fraud, the UK's national reporting centre for fraud.

☎ 0300 123 2040

🌐 [www.actionfraud.police.uk](http://www.actionfraud.police.uk)

- **Norfolk Police**

If a crime is happening now or recently occurred. If the victim is vulnerable or unable to protect themselves from fraud.

☎ 101 🌐 [www.norfolk.police.uk](http://www.norfolk.police.uk)

- **Norfolk & Suffolk Victim Care**

Offers specialist help and support if you've been the victim of a scam.

☎ 0300 303 3706

🌐 [www.nsvictimcare.org](http://www.nsvictimcare.org)

## #NorfolkScamAware